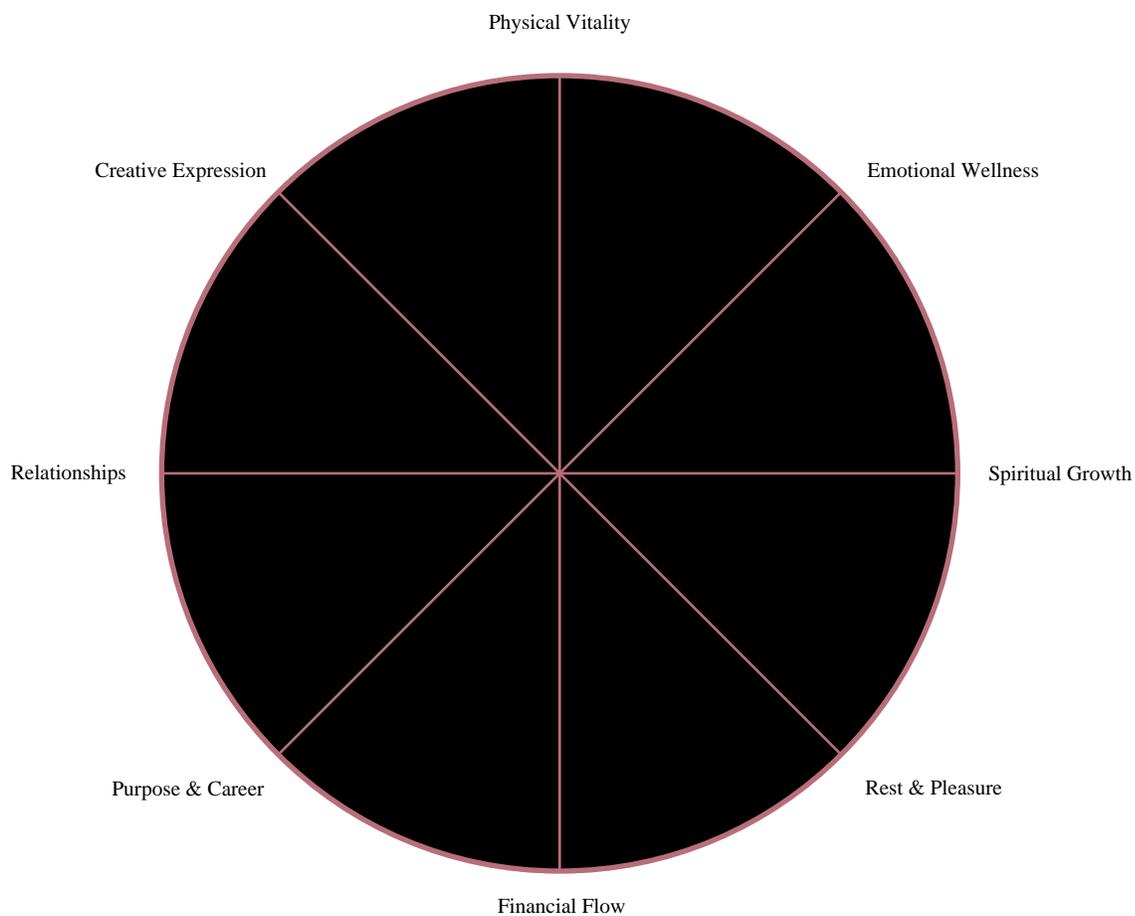


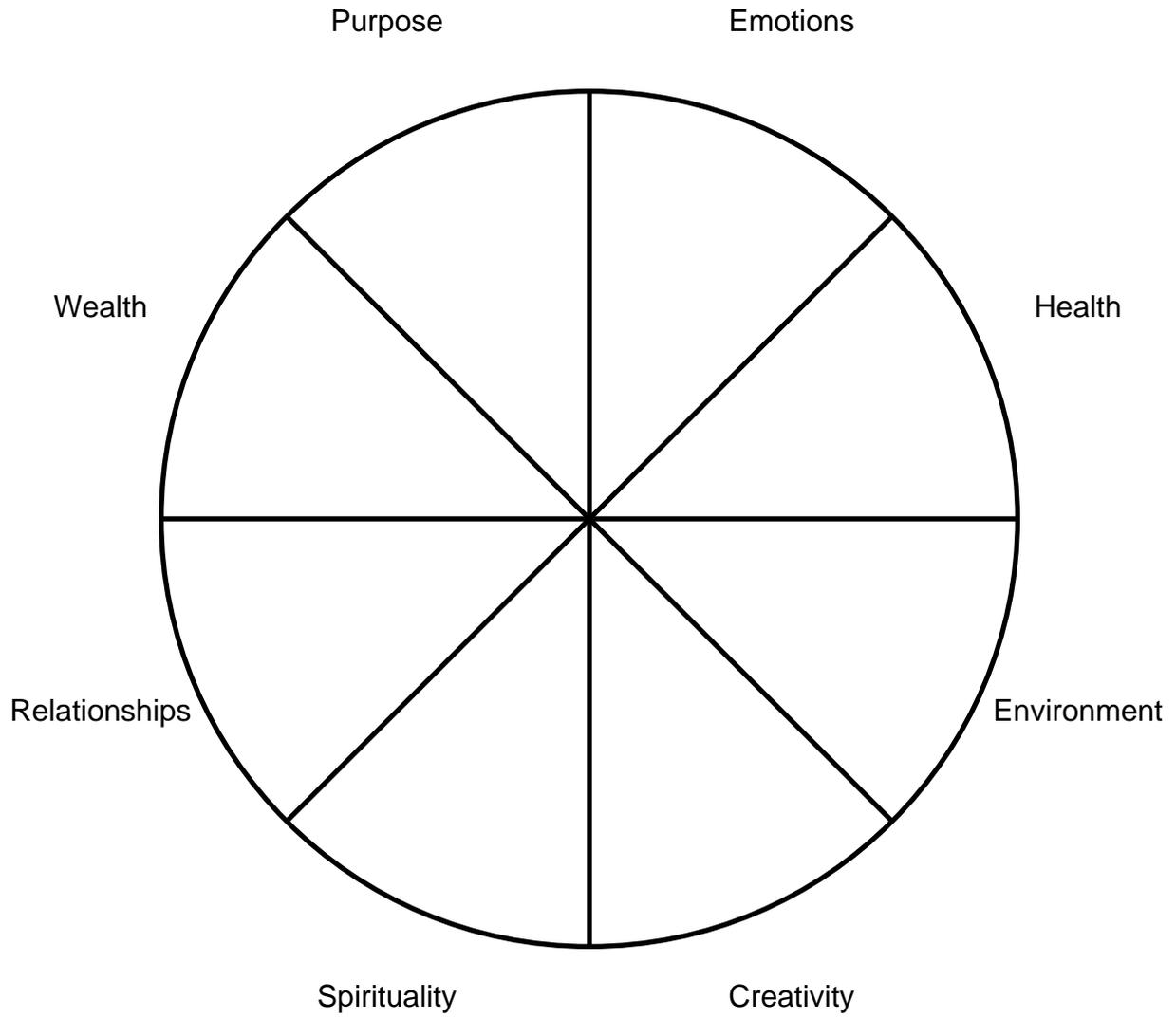
I Am Soft Power: The Balance Wheel of Sacred Power

This printable Balance Wheel helps you reflect on harmony across your sacred life pillars. Each spoke represents a vital area of well-being and soft power energy. Shade in your level of fulfillment (1–10) in each category to visualize balance and flow. Use this as a monthly reflection tool to restore rhythm and alignment.



Reflect on which areas feel strong and which need nurturing. Balance is not about perfection— it's about gentle realignment. Use this wheel to guide your daily or monthly sacred energy rituals.

Balance Wheel



Write your reflections for each area:

Health:

Emotions:

Purpose:

Wealth:

Relationships:

Spirituality:

Creativity:

Environment: